

## FOOD AND NUTRITION (FDN315118)

External Assessment Specifications inform the development of external assessments. The primary audience for this document is the course Setting Examiner and Exam Critics. It may also be of use to teachers and students.

These specifications must be read in conjunction with the current Course Document on the TASC website.

The external assessment for this course consists of a written exam.

### WRITTEN EXAM STRUCTURE

The written exam is THREE hours.

Students will have an additional 15-minute preparation time during which students can take notes on the note paper provided and highlight any key words in the exam booklet during the allocated time. Students will not be permitted to start their exam until advised by the Exam Supervisor.

The written exam includes FOUR sections.

The criteria to be externally assessed are:

Criterion 2: communicate ideas and information in a variety of forms

Criterion 4: describe the relationship between nutrition, food and health

Criterion 5: analyse diets using Nutrient Reference Values and recognised food selection tools

Criterion 6: analyse factors affecting food choice

Criterion 8: identify and analyse food related issues.

### SPECIFIC MATERIALS AND EQUIPMENT APPROVED FOR USE BY STUDENTS

There is no external Information Sheet for this course.

## ASSESSMENT

Criteria 4, 5 and 6 are assessed using numerical ratings.

Criteria 2 and 8 are assessed using extended ratings of A+, A, A-, B+, B, B-, C+, C, C-, t+, t, t- or z. Note that a C- is a low C, in that it just meets the standards for a C but is not a t.

The algorithm to achieve final rating for Criterion 2 from Sections C and D will take account of the fact that each Section carries equal weight.

A set of solutions or a marking tool will be developed by the Setting Examiner, provided to markers at the marking meeting that follows the external written exam; and will be available from TASC in the following year.

The external assessment must include items that, separately or together, give opportunities to demonstrate the standards from rating C to rating A.

Final results will be awarded as a rating of A, B, C, t or z in the above criteria. These ratings are used in determining the final award according to the algorithm in the course document.

### Numerical Mark Allocation

Exam papers are designed so that the number of marks allocated to a section, part or question corresponds to the recommended time allocation for it. This is so that a student knows when answering a 10 mark question that the question has been designed for students to spend approximately 10 minutes reading, thinking and then answering the question. Students may find that they spend less or more time on certain questions throughout the exam.

## SECTION A

### Structure

- This section will take students approximately 45 minutes to respond to and be allocated 45 marks.
- This section is broken into TWO parts, Part 1 and Part 2.
- Students will respond to a total of SEVEN compulsory questions.
- This section will address course content from Units 1 and 4.
- Criteria being assessed to be identified at the start of each section/part

### Assessed Criteria

- Criterion 4 describe the relationship between nutrition, food and health (all Elements).

### Nature of Questions

#### Part 1 - Nutrients

- Questions One to Six will address the course content covered in Unit 1 – Nutrition and Unit 4 – Health Promotion. It requires a response and description of the functions specific to nutrients, non-nutrients and energy, with reference to a range of good food sources. This will also include interrelationships between nutrients and how these can affect health.

## Part 2 - Diet

- Question Seven will address the course content covered in Unit 1 – Nutrition and Unit 4 – Health Promotion. A response requiring explanations and descriptions of a range of diet-related conditions, the links between other diet related disease and associated food intake.

### Nature of Responses

- Responses will be assessed using numerical ratings.
- Part 1: short paragraph length written responses.
- Part 2: one multi-paragraph length written response.

## SECTION B

### Structure

- This section will take students approximately 45 minutes to respond to and be allocated 45 marks.
- Students will respond to TWO compulsory questions.
- This section will address course content from Unit 1 – Nutrition and Unit 2 – Dietary and Data Analysis.
- Criteria being assessed to be identified at the start of each section/part

### Assessed Criteria

- Criterion 5 analyse diets using Nutrient Reference Values and recognised food selection tools (all Elements).

### Nature of Questions

#### Part 1

- Question Eight will address the course content covered in Unit 1 – Nutrition and Unit 2 – Dietary and Data Analysis. Questions require interpretation of dietary analysis data. Students will be required to explain possible consequences of identified deficiencies and excesses. Students should be provided with a diet record and corresponding data.

#### Part 2

- Question Nine will address the course content covered Unit 1 – Nutrition and Unit 2 – Dietary and Data Analysis. Using the same diet record and dietary analysis data, questions require the students to use the Australian Dietary Guidelines/Australian Guide to Healthy Eating as a food selection tool to make recommendations and modifications for change to a healthy diet.

### Nature of Responses

- Responses will be assessed using numerical ratings.
- Part 1 and Part 2 will be a multi-paragraph length written response.

## SECTION C

### Structure

- This section will take students approximately 45 minutes to respond to.
- Students will respond to ONE of TWO questions.
- This section will address course content from Unit 5 – Global Food Issues.
- Criteria being assessed to be identified at the start of each section/part

### Assessed Criteria

- Criterion 2 communicate ideas and information in a variety of forms (Elements 1, 2, and 3).

Criterion 8 identify and analyse food related issues (all Elements).

### Nature of Questions

- Questions Ten and Eleven will address the course content covered in Unit 5 – Global Food Issues. There will be a choice of two questions. Questions will assess knowledge of Global Food Security and Ecological Sustainability. Individual questions may integrate both areas or focus on one area in a single question allowing students to incorporate a range of examples in their responses. Both areas must be addresses across the questions.

### Nature of Responses

- Responses will be assessed using extended alpha ratings.
- Responses to this section will be in the form of an extended written response. Students must use structured paragraphs and sentences and be written in a logical, coherent manner, using specialised terminology and appropriate English grammar. Students must provide clear and reasoned arguments supported by examples.

## SECTION D

### Structure

- This section will take Students approximately 45 minutes to respond to and be allocated 45 marks.
- Students will respond to FOUR questions.
- This section will address course content from Unit 3 – Food Sociology and Unit 4 – Health Promotion.
- Criteria being assessed to be identified at the start of each section/part

### Assessed Criteria

- Criterion 2 communicate ideas and information in a variety of forms (all Elements).
- Criterion 6 analyse factors affecting food choice (all Elements).

## Nature of Questions

### Part 1

- Question 12, 13 and 14 will address the course content covered in Unit 3 – Food Sociology and Unit 4 – Health Promotion. Three questions exploring a range of factors and their impact on specific food choices.

### Part 2

- Question 15 will address the course content covered Unit 3 – Food Sociology and Unit 4 – Health Promotion. This question will be scenario based on a group of people allowing for students to evaluate the impact of a range of food selection factors and specific food choices.

## Nature of Responses

- Responses will be assessed using numerical ratings for Criterion 6 and extended alpha ratings for Criterion 2.
- Part 1: short paragraph length written responses.
- Part 2: Extended written response. Students must reference Food Choice factors.