

External Assessment 2021

HEALTH STUDIES

HLT315118

Section **A** Introduction to Health/Personal Health

Pages 16

Questions 5

Reading time: 15 minutes – you may begin writing during this time

Suggested working time: 60 minutes

Instructions

- There are **three (3)** sections to this exam paper:
 - Answer **Questions 1, 2, 3** and, either **4 or 5** in this section.
- Write your answers in the spaces provided in this exam paper.
- All answers must be written in **English**.
- You **must** make sure your answers address:
 - Criterion 1 differentiate and analyse key factors that influence the health of individuals.
 - Criterion 4 investigate specific health issues, including options for preventive, curative and treatment strategies.
 - Criterion 7 communicate ideas and information in a variety of forms.
 - Criterion 8 analyse and interpret health related data and information.

Marker use	
C1 Q2	10
C1 Q4 or Q5	30
C4	10
C7	A+ to z rating
C8	10

Blank Page

Guide to Exam Structure

	Questions available	How many questions to answer	Suggested working time	Marks available	Final Mark
Section A	5	4	60 minutes	60	All criteria are assessed using extended ratings of A+ to z
Section B	5	4	60 minutes	60	
Section C	5	4	60 minutes	60	
Totals	15	12	180 minutes (3 hours)	180	

Question 1 (10 minutes)

Marker use

This question assesses **Criterion 8**.

Use the information in the table below to answer the questions that follow.

Table 2.3: Distribution of young people across the states and territories, June 2009

Age group	NSW	Vic	Qld	WA	SA	Tas	ACT	NT	Australia ^(a)
Proportion of state or territory population ^(b) (per cent)									
12–14 years	3.8	3.7	4.1	4.0	3.8	4.1	3.7	4.4	3.9
15–19 years	6.8	6.7	7.0	7.0	6.7	6.9	6.9	7.5	6.8
20–24 years	7.2	7.6	7.3	7.5	7.0	6.2	8.7	8.2	7.4
12–24 years	17.8	18.1	18.4	18.5	17.4	17.2	19.2	20.1	18.1
Proportion of Australian population 12–24 years ^(c) (per cent)									
12–24 years	32.0	24.8	20.5	10.5	7.1	2.2	1.7	1.1	100.0

(a) Includes other territories comprising Jervis Bay Territory, Christmas Island and the Cocos (Keeling) Islands.

(b) The denominator is the relevant total state or territory population.

(c) The denominator is the total Australian population aged 12–24 years.

Source: AIHW population database (2011).

a) What year does the data represent?

.....
.....

1

b) The data indicates young people are grouped into which age range?

.....
.....

1

c) Which state or territory has the highest proportion of their young people population in the 15–19 years age group? Provide data.

.....
.....
.....
.....

2

Question 1 continues

Question 2 (10 minutes)

Marker use

This question assesses **Criterion 1**.

- a) Outline **two (2)** reasons young people may engage in risk-taking behaviour.

2

.....

.....

.....

.....

.....

.....

.....

.....

- b) Describe the difference between biological and behavioural determinants and provide **one (1)** example to illustrate each.

4

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

Question 2 continues

Question 4 (30 minutes)

This question assesses **Criteria 1** and **7**.

Risk-taking behaviour is perceived to be high during adolescence.

- Define the term risk-taking, outlining the difference between a positive and a negative risk.
- Describe **one (1)** example of a physical risk and identify the impacts this physical risk could have on an individual's wellbeing (both positive and/or negative).
- Discuss **two (2)** key factors that may prevent an adolescent from engaging in negative risk-taking behaviour.

OR

Question 5 (30 minutes)

This question assesses **Criteria 1** and **7**.

"Health" is a complex and dynamic term.

- Describe how each of the personal dimensions contributes to an individual's overall health.
- Discuss the environments that can influence an individual's health and provide **one (1)** example for each environment to highlight a **positive** influence.



OFFICE OF TASMANIAN
ASSESSMENT, STANDARDS
& CERTIFICATION

This exam paper and any materials associated with this exam
(including answer booklets, cover sheets, rough note paper, or information sheets)
remain the property of the Office of Tasmanian Assessment, Standards and Certification.

External Assessment 2021

HEALTH STUDIES

HLT315118

Section **B** Australian Health

Pages 16

Questions 5

Suggested working time: 60 minutes

Instructions

- There are **three (3)** sections to this exam paper:
 - Answer **Questions 6, 7, 8** and, either **9 or 10** in this section.
- Write your answers in the spaces provided in this exam paper.
- All answers must be written in **English**.
- You **must** make sure your answers address:
 - Criterion 2 analyse influences on health status of populations within Australia.
 - Criterion 4 investigate specific health issues, including options for preventive, curative and treatment strategies.
 - Criterion 7 communicate ideas and information in a variety of forms.
 - Criterion 8 analyse and interpret health related data and information.

Marker use	
C2 Q7	10
C2 Q9 or Q10	30
C4	10
C7	A+ to z rating
C8	10

Blank Page

Guide to Exam Structure

	Questions available	How many questions to answer	Suggested working time	Marks available	Final Mark
Section A	5	4	60 minutes	60	All criteria are assessed using extended ratings of A+ to z
Section B	5	4	60 minutes	60	
Section C	5	4	60 minutes	60	
Totals	15	12	180 minutes (3 hours)	180	

Question 6 (10 minutes)

Marker use

This question assesses **Criterion 8**.

Use the information in the table below to answer the questions that follow.

Table 10.1: Life expectancy at selected ages and time periods, by sex, 1901–2016

Age (years)	1901–1910	1932–1934	1953–1954	1975–1977	1994–1996	2014–2016
Males						
0	55.2	63.5	67.1	69.6	75.2	80.5
25	40.6	44.4	45.5	46.9	51.5	56.2
45	24.8	26.9	27.2	28.3	32.8	37.1
65	11.3	12.4	12.3	13.1	15.8	19.6
85	3.7	3.9	4.0	4.5	5.2	6.2
Females						
0	58.8	67.1	72.8	76.6	81.1	84.6
25	43.4	47.2	50.2	53.1	56.9	60.1
45	27.6	29.7	31.4	34.0	37.5	40.6
65	12.9	14.2	15.0	17.1	19.6	22.3
85	4.2	4.3	4.5	5.5	6.4	7.3

Note : Life expectancy is based on limited historical data. Reference years were selected to approximate 20-year intervals.

Source : ABS 2019.

a) What is the overall timeframe that the data in the table represents?

.....
.....

1

b) In 2014–2016 what was the life expectancy of a female aged 45?

.....
.....

1

c) At age 85, does a male or female have greater life expectancy?

.....
.....

1

Question 6 continues

Question 6 continued

Marker use

- d) Does life expectancy decrease at any stage as the time periods move from 1901–2016? Provide all relevant data to support your response.

3

.....

.....

.....

.....

.....

.....

.....

.....

- e) Discuss the difference in life expectancy at age 0, between the two time periods 1901–1910 and 2014–2016, for both males and females.

4

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

Total Q6
10

Question 7 (10 minutes)

Marker use

This question assesses **Criterion 2**.

a) Define the terms morbidity and mortality.

2

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

b) Discuss **one (1)** reason a community resource or service may not be accessible to all members of the community.

2

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

Question 7 continues

Question 9 (30 minutes)

This question assesses **Criteria 2** and **7**.

Health indicators suggest Australia is a healthy nation. However, evidence suggests there are some groups in Australia who do not experience equity in their health status compared to the rest of the Australian population.

Considering **one (1)** group that you have studied this year, address the following:

- Describe **three (3)** specific factors that have contributed to the inequalities in health status for this group.
- Provide evidence of **one (1)** strategy that aims to directly influence **at least one (1)** of these factors, outlining how it should improve some health outcomes for this group.
- What changes have occurred in this group's health status as a result of recent interventions?

OR

Question 10 (30 minutes)

This question assesses **Criteria 2** and **7**.

There are many influences on the health status of Australians.

- Describe **five (5)** common risk factors that contribute to conditions that negatively impact the health of Australians.
- Explain a health promotion initiative focused on reducing the burden of disease caused by **one (1)** of these factors.
- Using **one (1)** specific example, outline how the political environment has positively influenced the health of Australians, by targeting **one (1)** of these risk factors.

Blank Page
End of Section B



OFFICE OF TASMANIAN
ASSESSMENT, STANDARDS
& CERTIFICATION

This exam paper and any materials associated with this exam
(including answer booklets, cover sheets, rough note paper, or information sheets)
remain the property of the Office of Tasmanian Assessment, Standards and Certification.

External Assessment 2021

HEALTH STUDIES

HLT315118

Section **C** Global Health

Pages 16

Questions 5

Suggested working time: 60 minutes

Instructions

- There are **three (3)** sections to this exam paper:
 - Answer **Question 11, 12, 13** and, either **14 or 15** in this section.
- Write your answers in the spaces provided in this exam paper.
- All answers must be written in **English**.
- You **must** make sure your answers address:
 - Criterion 3 analyse and compare global health status across populations.
 - Criterion 4 investigate specific health issues, including options for preventive, curative and treatment strategies.
 - Criterion 7 communicate ideas and information in a variety of forms.
 - Criterion 8 analyse and interpret health related data and information.

Marker use	
C3 Q12	10
C3 Q14 or Q15	30
C4	10
C7	A+ to z rating
C8	10

Blank Page

Guide to Exam Structure

	Questions available	How many questions to answer	Suggested working time	Marks available	Final Mark
Section A	5	4	60 minutes	60	All criteria are assessed using extended ratings of A+ to z
Section B	5	4	60 minutes	60	
Section C	5	4	60 minutes	60	
Totals	15	12	180 minutes (3 hours)	180	

Question 11 (10 minutes)

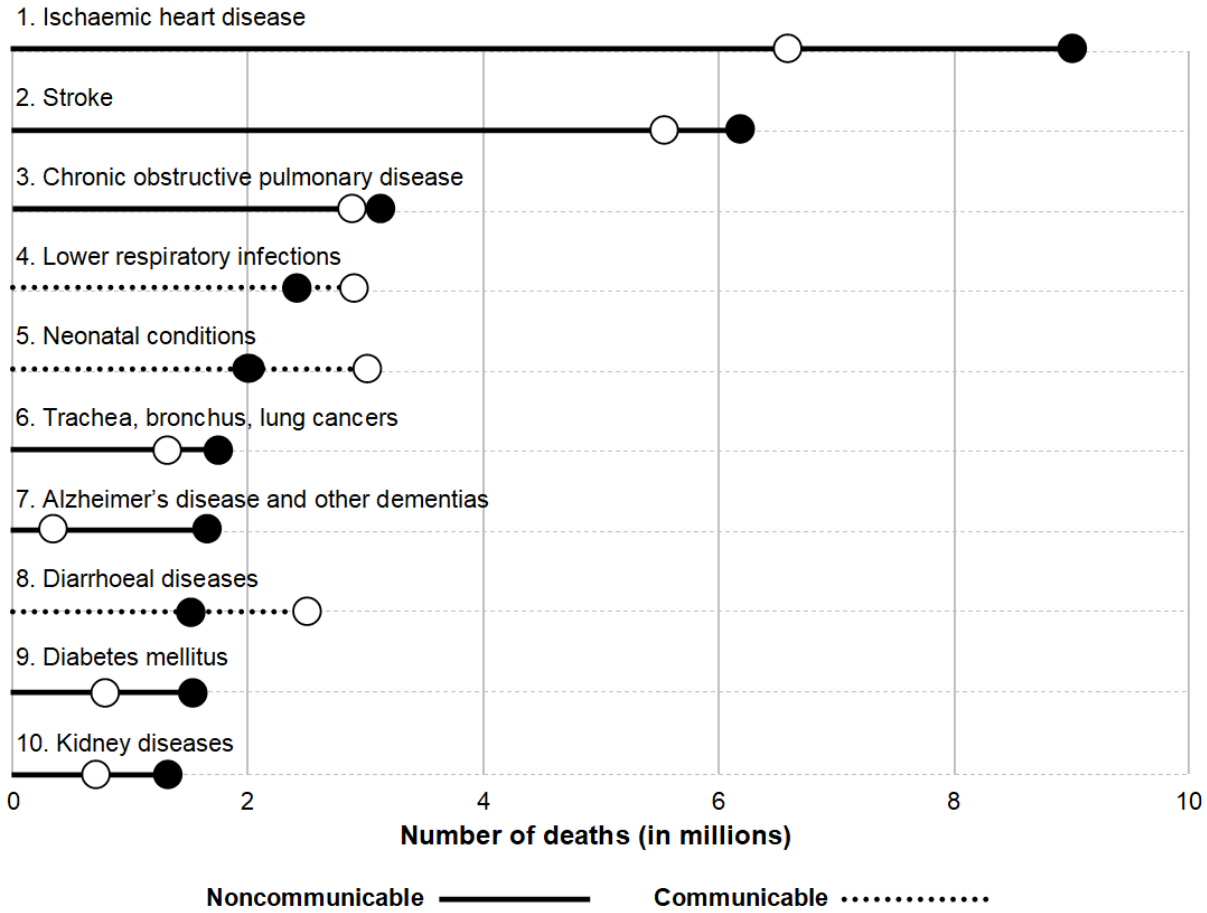
Marker use

This question assesses **Criterion 8**.

Use the information in the table below to answer the questions that follow.

Leading causes of death globally

○ 2000 ● 2019



Source (WHO: Global Health Estimates)

a) Which two years are being compared?

.....
.....

1

b) Which leading cause showed the greatest increase in the number of deaths?

.....
.....

1

Question 11 continues

Question 14 (30 minutes)

This question assesses **Criteria 3** and **7**.

- Briefly outline a major cause of morbidity or mortality in a Least Developed Country (LDC), describing contributing factors.
- Discuss a foreign aid initiative addressing this major cause and demonstrate the direct impact (or relationship) this initiative will have on reducing morbidity/mortality rates.

OR

Question 15 (30 minutes)

This question assesses **Criteria 3** and **7**.

The Sustainable Development Goals (SDGs) were implemented in 2016.

- Explain the purpose of the SDGs.
- Discuss **two (2)** SDGs, outlining what they hope to achieve and how this will improve global health.
- Choosing **one (1)** of these SDGs, describe a program that has been implemented to assist the movement towards achieving set targets.

Blank Page
End of Section C



OFFICE OF TASMANIAN
ASSESSMENT, STANDARDS
& CERTIFICATION

This exam paper and any materials associated with this exam
(including answer booklets, cover sheets, rough note paper, or information sheets)
remain the property of the Office of Tasmanian Assessment, Standards and Certification.