

External Assessment 2022

HEALTH STUDIES

HLT315118

Section **A** Introduction to Health/Personal Health

| | |
|-----------|----|
| Pages | 16 |
| Questions | 5 |

Preparation time for this exam: 15 minutes

Suggested working time: 60 minutes

Instructions:

- There are **two (2)** parts to this section:
 - **Part 1** – answer **all** questions and **all** items within each question
 - **Part 2** – answer **one (1)** question.
- Write your answers in the spaces provided in this exam paper.
- The exam is **three (3)** hours in length. It is suggested that you spend **approximately 60 minutes** in total answering the questions in this section.
- All answers must be written in **English**.
- You **must** make sure your answers address:
 - Criterion 1 differentiate and analyse key factors that influence the health of individuals
 - Criterion 4 investigate specific health issues, including options for preventive, curative and treatment strategies
 - Criterion 7 communicate ideas and information in a variety of forms (only assessed in extended response)
 - Criterion 8 analyse and interpret health related data and information.

| Marker Use | | |
|------------|----|---------|
| Q1 | C8 | / 10 |
| Q2 | C1 | / 10 |
| Q3 | C4 | / 10 |
| Q4 or Q5 | C1 | / 30 |
| Q4 or Q5 | C7 | / Alpha |

Guide to Exam Structure

| | | Parts | Questions available | Questions to answer | Suggested working time | Marks available |
|------------------|--------|-------|---------------------|---------------------|------------------------------|-------------------------------------|
| Section A | Part 1 | | 3 | 3 | 30 minutes | 30 marks |
| | Part 2 | | 2 | 1 | 30 minutes | 30 marks and A+ to z rating |
| Section B | Part 1 | | 3 | 3 | 30 minutes | 30 marks |
| | Part 2 | | 2 | 1 | 30 minutes | 30 marks and A+ to z rating |
| Section C | Part 1 | | 3 | 3 | 30 minutes | 30 marks |
| | Part 2 | | 2 | 1 | 30 minutes | 30 marks and A+ to z rating |
| Totals | | | 15 | 12 | 180 minutes (3 hours) | 180 marks and A+ to z rating |

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Exam starts over the page

Part 1

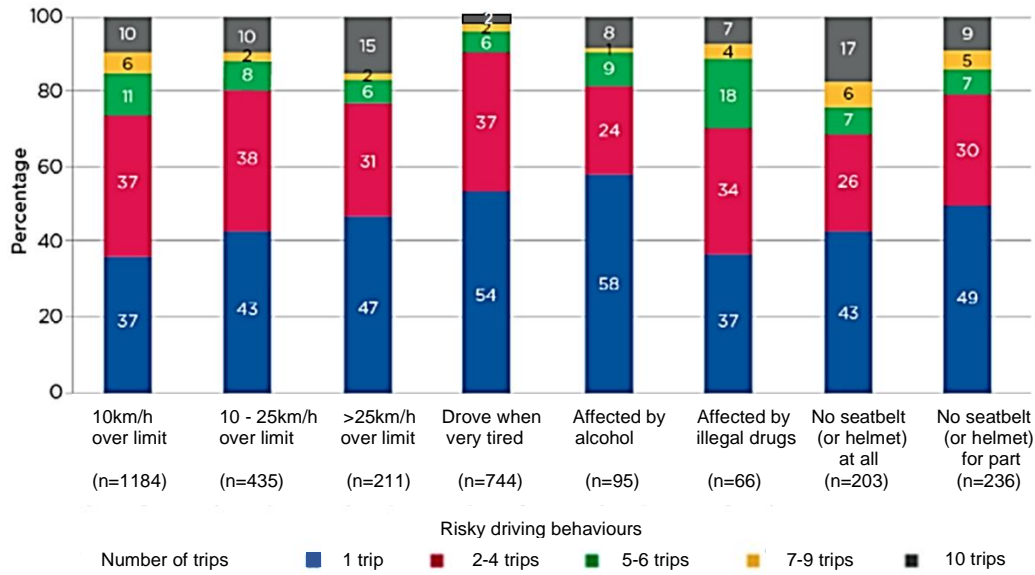
Question 1 (10 minutes)

Marker use

This question assesses **Criterion 8**.

Use the information in the table below to answer the questions that follow. **Include figures from the data in your answers.**

Figure 1: Young drivers who showed at least one risky driving behaviour in their past 10 trips.



Note: Sample numbers varied between items, with the sample for each item being restricted to respondents who had engaged in the behaviour of interest at least once in their past 10 trips.
 Source: LSAC Wave 7, K cohort, weighted
 Credit: Longitudinal Study of Australian Children 2019 (creativecommons.org/licenses/by/4.0/)

a) Which risky driving behaviour has the highest number of participants?

1

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b) In which 'number of trips' category does 'affected by illegal drugs' have the highest percentage across all risk factors?

1

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c) Which risky driving behaviour occurs most in:

2

• 1 trip?

• 10 trips?

Question 1 continues

Part 1 continued

Marker use

Question 2 (10 minutes)

This question assesses **Criterion 1**.

a) Why is risk-taking such an important part of adolescent growth and development?

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b) Give **two (2)** reasons why adolescents might put themselves and others at risk. Provide an example for each reason.

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Question 2 continues

Question 2 continued

Marker use

- c) Give **two (2)** reasons why one health issue might have a higher profile than another. Provide an example of how a lower profile issue might raise its profile.

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- d) Choose **one (1) political environment factor (determinant)** and explain how it can positively influence the health of adolescents.

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Total Q2

10

Part 1 continues

Part 2

- Answer **one (1)** question in this part.
 - This part assesses **Criteria 1 and 7**.
-

Question 4 (30 minutes)

Adolescents are said to be more at risk because they lack skills, knowledge and experience.

- Choose a common adolescent risk-taking activity, **providing evidence to reinforce its significance**.
- How might this activity impact the **physical, social, emotional, mental and spiritual** health of an adolescent?
- Discuss in detail, **one (1) community** and **one (1) personal strategy** that aims to reduce the risks associated with this activity.

OR

Question 5 (30 minutes)

- Adequate personal skills and community services are essential for positive adolescent health.
- Identify **two (2)** personal skills and **two (2)** community services and explain how they can positively influence an adolescent's health.
- Why might these skills and services be useful/important for an adolescent when trying to advocate for an issue of concern?



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External Assessment 2022

HEALTH STUDIES

HLT315118

Section **B** Introduction to Health/Australian Health

Pages 16

Questions 5

Suggested working time: 60 minutes

Instructions:

- There are **two (2)** parts to this section:
 - **Part 1** – answer **all** questions and **all** items within each question
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- Write your answers in the spaces provided in this exam paper.
- The exam is **three (3)** hours in length. It is suggested that you spend **approximately 60 minutes** in total answering the questions in this section.
- All answers must be written in **English**.
- You **must** make sure your answers address:
 - Criterion 2 analyse influences on health status of populations within Australia
 - Criterion 4 investigate specific health issues, including options for preventive, curative and treatment strategies
 - Criterion 7 communicate ideas and information in a variety of forms (only assessed in extended response)
 - Criterion 8 analyse and interpret health related data and information.

| Marker Use | | |
|------------|----|---------|
| Q6 | C8 | / 10 |
| Q7 | C2 | / 10 |
| Q8 | C4 | / 10 |
| Q9 or Q10 | C2 | / 30 |
| Q9 or Q10 | C7 | / Alpha |

Guide to Exam Structure

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|---------------|--------|---------------------|---------------------|------------------------------|-------------------------------------|
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| | Part 2 | 2 | 1 | 30 minutes | 30 marks and A+ to z rating |
| Section B | Part 1 | 3 | 3 | 30 minutes | 30 marks |
| | Part 2 | 2 | 1 | 30 minutes | 30 marks and A+ to z rating |
| Section C | Part 1 | 3 | 3 | 30 minutes | 30marks |
| | Part 2 | 2 | 1 | 30 minutes | 30 marks and A+ to z rating |
| Totals | | 15 | 12 | 180 minutes (3 hours) | 180 marks and A+ to z rating |

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Exam starts over the page

Part 1

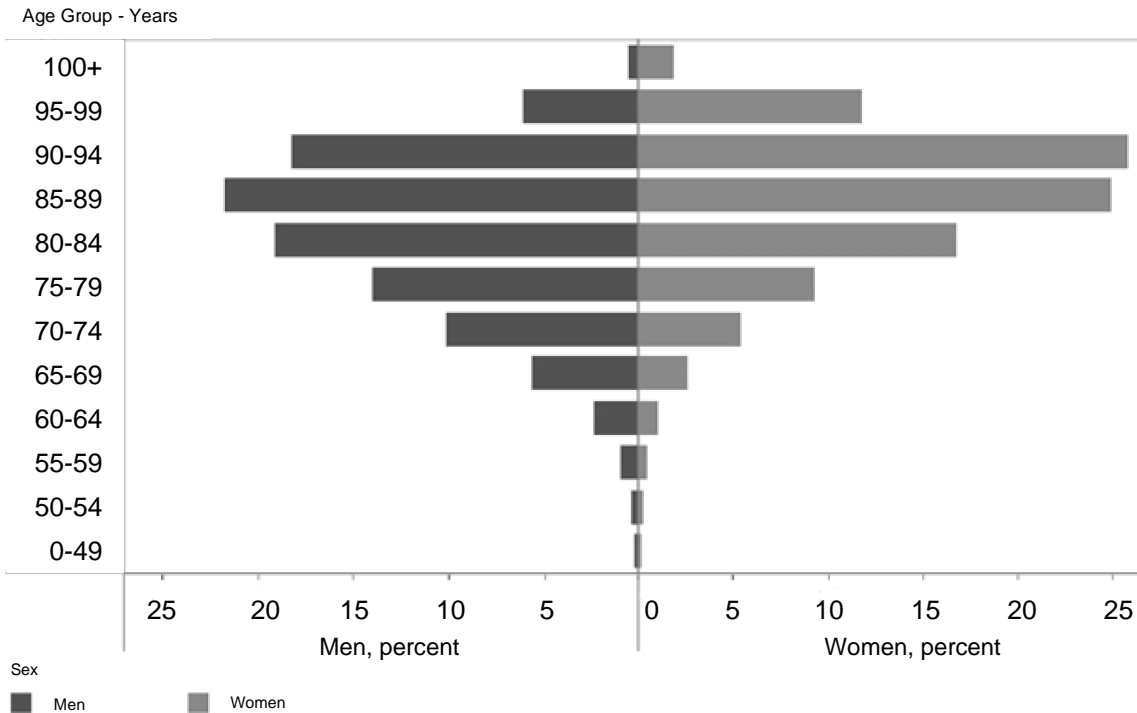
Question 6 (10 minutes)

Marker use

This question assesses **Criterion 8**.

Use the information from the figure below to answer the questions that follow. **Include figures from the data in your answers.**

Figure 1: People using aged care (permanent residential care), by age and sex, 30 June 2020.



Notes
1. Excludes unknown age and sex.
2. Data for home support reflect people using that program during the 2019-20 financial year.
Source: GEN aged care data 2021.
<http://www.aihw.gov.au/>

a) Which age group has the highest percentage of men in aged care?

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1

b) Which age group has the highest overall combined percentage of men and women in aged care?

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1

Question 6 continues

Question 6 continued

Marker use

c) What is the difference in percentage between men and women at age 75-79 years? Who has the higher percentage?

2

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d) At which age group do women begin to have a higher percentage in aged care than men?

1

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e) Compare the percentage of men using aged care in the 70-74 years and 95-99 years age groups.

2

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f) Describe and compare the trend for men and women in aged care.

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Total Q6

10

Part 1 continues

Part 1 continued

Marker use

Question 7 (10 minutes)

This question assesses **Criterion 2**.

- a) Choose an example of an alternative health care service and explain how it might benefit people's health.

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- b) Define diversity. Briefly describe an example of a positive community strategy that reflects diversity.

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Question 7 continues

Question 7 continued

Marker use

c) How are DALYs calculated and why are they an important factor in understanding health?

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d) What is the purpose of the NDIS (National Disability Insurance Scheme)? Provide an example of how it supports someone with a disability.

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Total Q7

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Part 1 continues

Part 2

- Answer **one (1)** question in this part.
 - This part assesses **Criteria 2 and 7**.
-

Question 9 (30 minutes)

Australia is considered to be a 'lucky' country with an overall high level of health. However, some people are not so 'lucky'.

- Choose one group who is disadvantaged.
- Identify key reasons why this group is disadvantaged.
- Include health indicators to reflect the disadvantage.
- Choose **two (2)** strategies, including at least **one (1)** Government strategy, that aims to reduce the disadvantage experienced by this group. Link these examples to at least one of the social justice principles.
- Evaluate the success or otherwise of these strategies.

OR

Question 10 (30 minutes)

While the Australian Government spends a lot of the health care budget on hospital care and treatment, there is also a strong focus on prevention and early intervention.

- Why does the Australian Government have this strong focus on prevention and early intervention?
- Discuss a range of prevention and early intervention strategies, either directly linked to the Australian Health Care system or other government funded organisations, that aim to improve the health of Australians.
- Evaluate the success or otherwise of these strategies.



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External Assessment 2022

HEALTH STUDIES

HLT315118

Section **C** Introduction to Health/Global Health

Pages 16

Questions 5

Suggested working time: 60 minutes

Instructions:

- There are **two (2)** parts to this section:
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 - Criterion 3 analyse and compare global health status across populations
 - Criterion 4 investigate specific health issues, including options for preventive, curative and treatment strategies
 - Criterion 7 communicate ideas and information in a variety of forms (only assessed in extended response)
 - Criterion 8 analyse and interpret health related data and information.

| Marker Use | | |
|------------|----|---------|
| Q11 | C8 | / 10 |
| Q12 | C3 | / 10 |
| Q13 | C4 | / 10 |
| Q14 or Q15 | C3 | / 30 |
| Q14 or Q15 | C7 | / Alpha |

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| Section B | Part 1 | 3 | 3 | 30 minutes | 30 marks |
| | Part 2 | 2 | 1 | 30 minutes | 30 marks and A+ to z rating |
| Section C | Part 1 | 3 | 3 | 30 minutes | 30 marks |
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Exam starts over the page

Part 1

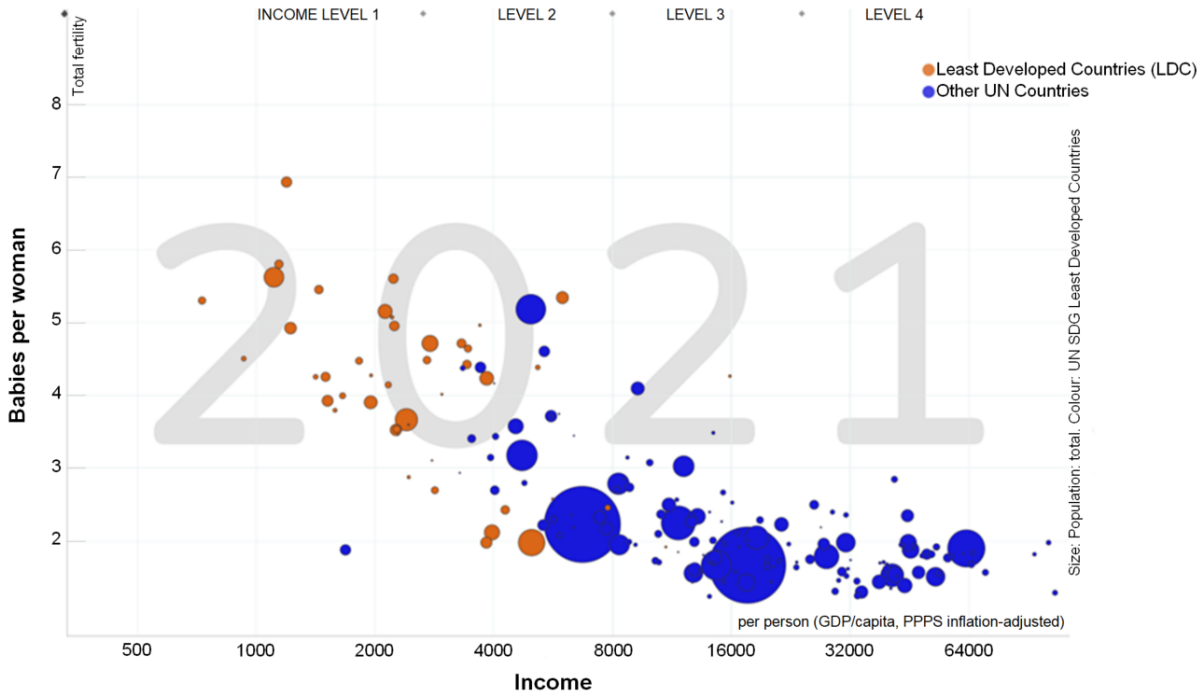
Question 11 (10 minutes)

This question assesses **Criterion 8**.

Use the information from the figures below to answer the questions that follow.

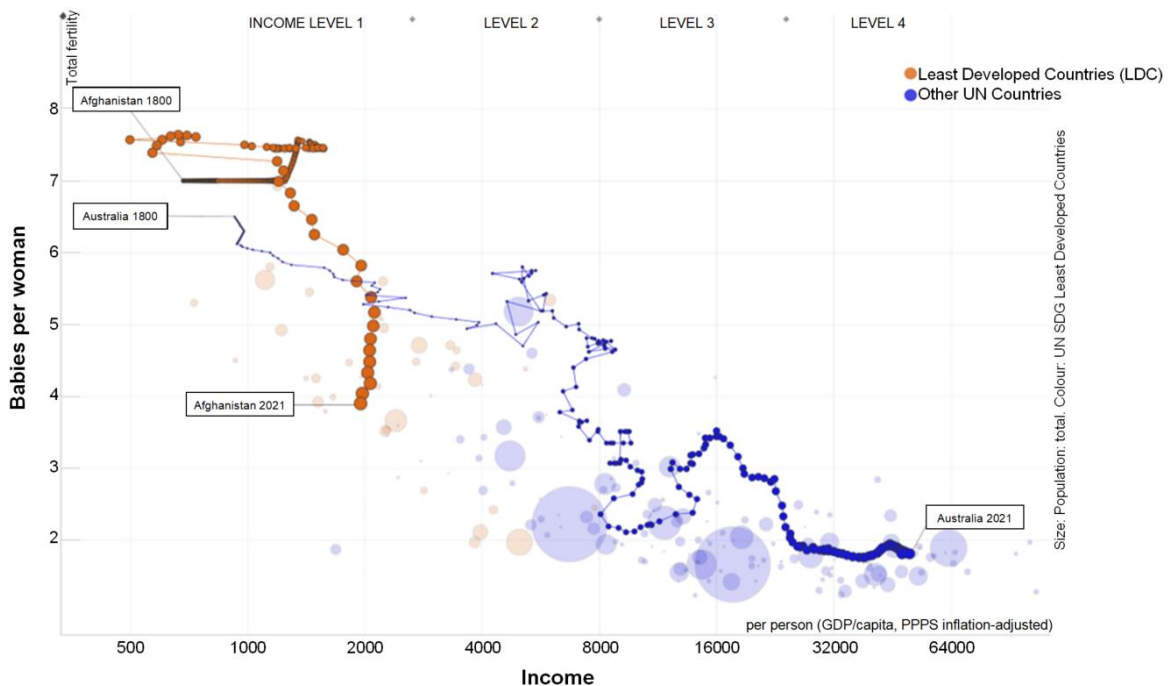
Include data in your answers.

Figure 1: Babies per woman and income in Least Developed Countries (LDC) and other UN Countries



Source: Gapminder.com

Figure 2: Babies per woman and income in Afghanistan and Australia from 1800 to 2021



Source: Gapminder.com

Question 11 continues

Question 11 continued

Marker use

a) What does the size of the bubbles represent?

1

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b) Using **figure 1**, identify **two (2)** key trends.

3

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c) What categorises income level 1? Is this the highest or lowest income level?

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d) Compare the trends for the **two (2)** identified countries from 1800-2021. Do they fit the overall trends?

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Total Q11

10

Part 1 continues

Part 1 continued

Question 12 (10 minutes)

This question assesses **Criterion 3**.

- a) What is bilateral aid? Provide a specific example of bilateral aid provided by the Australian Government.

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- b) Climate change and natural disasters continue to have a huge impact on the health of many people throughout the world. Briefly explain **two (2)** reasons why people living in Least Developed Countries suffer more from the impact of these issues?

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Marker use

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Question 12 continues

Question 12 continued

Marker use

c) Describe the type of aid Least Developed Countries need immediately after a natural disaster? List **three (3)** examples of appropriate aid.

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d) The Sustainable Development Goals (SDGs) have a strong focus on long term sustainability. Why is this important in terms of reducing poverty?

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Total Q12

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Part 1 continues

Part 2

- Attempt **one (1)** question in this part.
 - This part assesses **Criteria 3 and 7**.
-

Question 14 (30 minutes)

Choose a Least Developed Country (LDC) that you have studied this year.

- What political, social-cultural and/or physical environment factors (determinants) have impacted this country? (Historic and/or current.)
- How have these factors influenced the health of this country both at an individual and community level?
- Use a range of economic, social and health indicators to reinforce your answer.
- Choose **one (1)** of the Sustainable Development Goals (SDGs) and briefly summarise your country's progress towards its achievement.

OR

Question 15 (30 minutes)

Education is said to be the key to breaking the poverty cycle and yet many people in Least Developed Countries (LDCs) have limited access to education.

- What are some of the barriers to education in LDCs?
- Why is educating women so important in improving LDC health?
- Choose **two (2)** SDGs that, if achieved, will help improve education rates. Explain how they will help.
- For each of the **two (2)** SDGs you chose above, provide a specific example of aid that is being provided to LDCs to help achieve these goals.



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