

# HEALTH STUDIES

HLT315118

## Section **A** Introduction to Health/Personal Health

Pages: 16

Questions: 5

**Preparation time for this exam:** 15 minutes

**Suggested working time:** 60 minutes

### Instructions:

- There are **two (2) parts** to this section:
  - Part 1** – answer **all** questions and **all** items within each question
  - Part 2** – answer **one (1)** question.
- Write your answers in the spaces provided in this exam paper.
- The exam is **three (3) hours** in length. The suggested working time for this section is **approximately 60 minutes**.
- All answers must be written in **English**.
- You **must** make sure your answers address the listed criteria.

Marker use		
Q1	C8	/ 10
Q2	C1	/ 10
Q3	C4	/ 10
Q4 or Q5	C1	/ 30
Q4 or Q5	C7	/ Alpha

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# Guide to Exam Structure

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		Parts	Questions available	Questions to answer	Suggested working time	Marks available
Section <b>A</b>	Part 1		3	3	30 minutes	30 marks
	Part 2		2	1	30 minutes	30 marks and A+ to z rating
Section <b>B</b>	Part 1		3	3	30 minutes	30 marks
	Part 2		2	1	30 minutes	30 marks and A+ to z rating
Section <b>C</b>	Part 1		3	3	30 minutes	10 marks
	Part 2		2	1	30 minutes	30 marks and A+ to z rating
<b>Totals</b>			<b>15</b>	<b>12</b>	<b>180 minutes (3 hours)</b>	<b>180 marks and A+ to z rating</b>

## Criteria

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You **must** make sure your answers address:

- Criterion 1 differentiate and analyse key factors that influence the health of individuals
- Criterion 4 investigate specific health issues, including options for preventative, curative and treatment strategies
- Criterion 7 communicate ideas and information in a variety of forms (only assessed in extended response)
- Criterion 8 analyse and interpret health related data and information.

# Part 1

- Answer **all** questions in this part.
- This section is worth 30 marks. The suggested working time for this section is **approximately 30 minutes**.

## Question 1 (10 minutes)

This question assesses **Criterion 8**.

Using the information provided in Figure 1, answer the following questions **using figures from the data in ALL answers**.

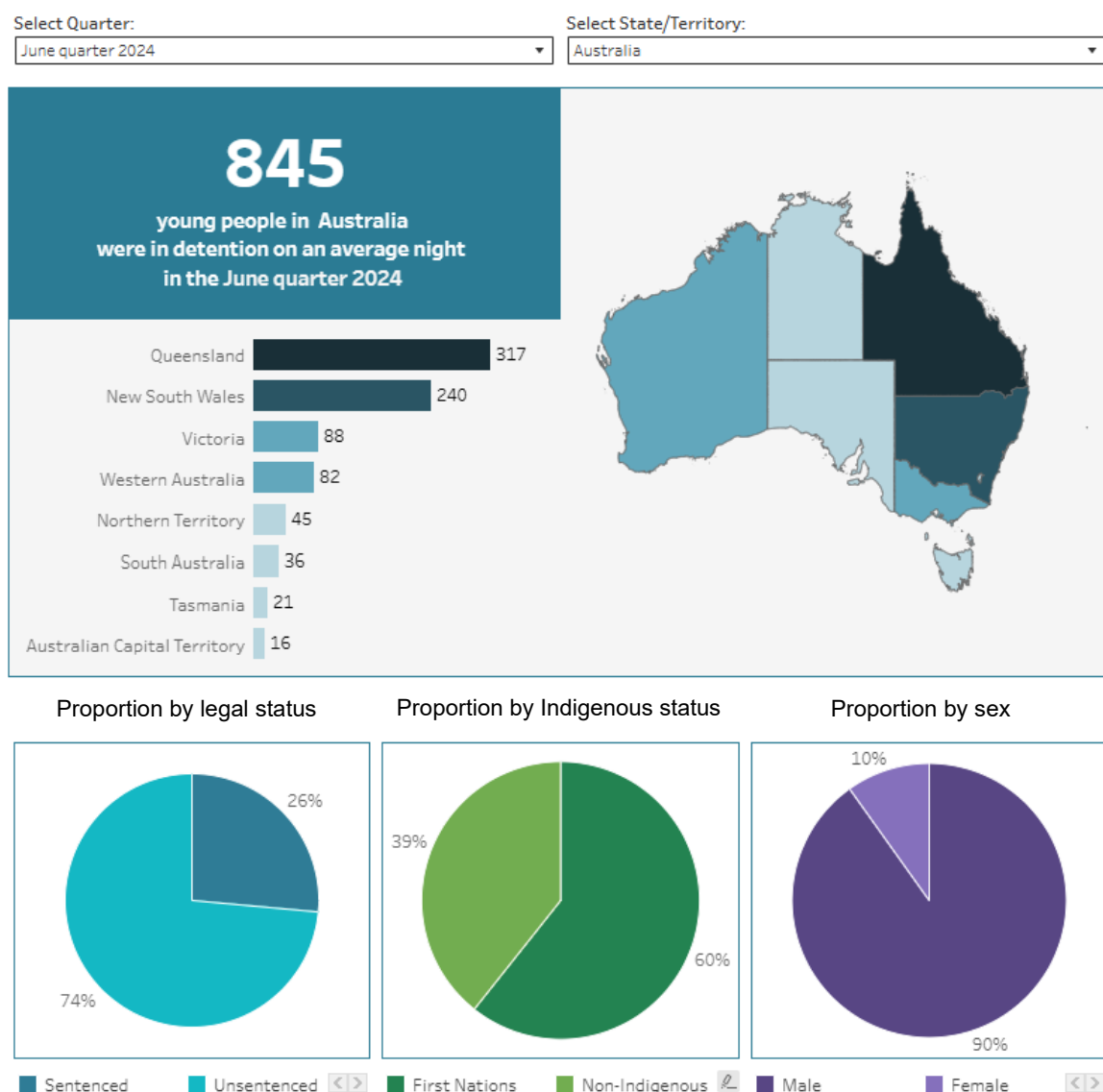


Figure 1: Number of young people in detention on an average night in Australia.

Question 1 continues

Question 1 continued

Marker use

a) What does Figure 1 represent?

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b) How many young people were in detention in Queensland and in New South Wales on an average night in the June quarter of 2024?

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c) What percentage of young people in detention were unsentenced?

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d) What percentage of young people in detention identify as First Nations?

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e) What proportion of young people in detention were **male**, and what proportion were **female**?

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f) Which **two (2)** states or territories recorded the smallest difference in their detention numbers, and what is the value of that difference?

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Total  
Q1  
/10

**Question 2 (10 minutes)**

Marker use

This question assesses **Criterion 1**.

a) Explain **one (1)** action a person can take that positively impacts **two (2)** dimensions of health.

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b) Define risk taking.

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c) What are determinants of health? Give **one (1)** example and **one (1)** potential impact.

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d) How does something become a health issue? Give a current example.

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**Total  
Q2  
/10**





# Part 2

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- Answer **one (1)** question in this part.
  - This part is worth 30 marks. The suggested working time for this part is **approximately 30 minutes**.
  - This part assesses **Criteria 1 and 7**.
- 

## Question 4

How can health promotion improve the wellbeing of young Australians?

In your response, discuss the following:

- What is the purpose of health promotion, and why is it important for the wellbeing of young people?
- Why is health literacy essential for young Australians, and how does it help them make informed health decisions?
- Describe **two (2)** examples of current Australian health promotion campaigns that focus on young people.

**OR**

## Question 5

Young people are often more likely to take risks due to a combination of biological and social factors.

- Explain **two (2)** reasons why young people may be more likely to engage in risk-taking behaviours.
- Provide **one (1)** example of a risk-taking behaviour and data to prove its significance.
- Analyse the potential impact on **two (2)** dimensions of health, and **one (1)** way to reduce the impact.











# Acknowledgements

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**Source:**

Australian Institute of Health and Welfare (AIHW) 2024. Youth detention population in Australia 2024. <https://www.aihw.gov.au>.

End of Section A



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External Assessment 2025

# HEALTH STUDIES

HLT315118

## Section **B** Introduction to Health/Australian Health

Pages: 20

Questions: 5

**Suggested working time:** 60 minutes

### Instructions:

- There are **two (2) parts** to this section:
  - **Part 1** – answer **all** questions and **all** items within each question
  - **Part 2** – answer **one (1)** question.
- Write your answers in the spaces provided in this exam paper.
- The exam is **three (3) hours** in length. The suggested working time for this section is **approximately 60 minutes**.
- All answers must be written in **English**.
- You **must** make sure your answers address the listed criteria.

Marker use		
Q6	C8	/ 10
Q7	C2	/ 10
Q8	C4	/ 10
Q9 or Q10	C2	/ 30
Q9 or Q10	C7	/ Alpha

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# Guide to Exam Structure

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	Parts	Questions available	Questions to answer	Suggested working time	Marks available
Section <b>A</b>	Part 1	3	3	30 minutes	30 marks
	Part 2	2	1	30 minutes	30 marks and A+ to z rating
Section <b>B</b>	Part 1	3	3	30 minutes	30 marks
	Part 2	2	1	30 minutes	30 marks and A+ to z rating
Section <b>C</b>	Part 1	3	3	30 minutes	30 marks
	Part 2	2	1	30 minutes	30 marks and A+ to z rating
<b>Totals</b>		<b>15</b>	<b>12</b>	<b>180 minutes (3 hours)</b>	<b>180 marks and A+ to z rating</b>

## Criteria

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You **must** make sure your answers address:

- Criterion 2 analyse influences on health status of populations within Australia
- Criterion 4 investigate specific health issues, including options for preventative, curative and treatment strategies
- Criterion 7 communicate ideas and information in a variety of forms (only assessed in extended response)
- Criterion 8 analyse and interpret health related data and information.

# Part 1

- Answer **all** questions in this part.
- This section is worth 30 marks. The suggested working time for this section is **approximately 30 minutes**.

## Question 6 (10 minutes)

This question assesses **Criterion 8**.

Using the information provided in Figure 2, answer the following questions **using figures from the data in ALL answers**.

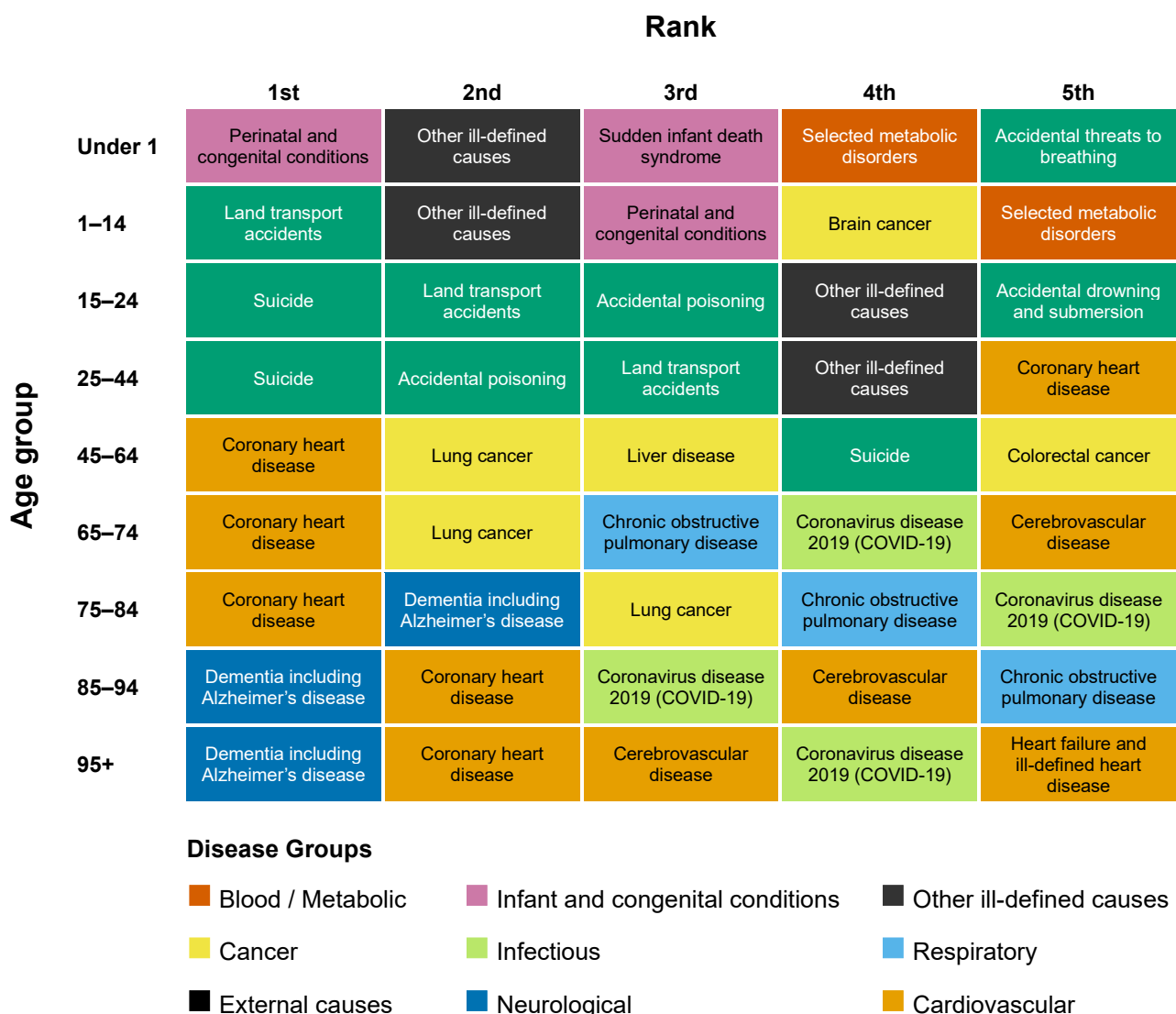


Figure 2: Leading underlying causes of death in Australia by age group, 2022.

Question 6 continues

**Question 6 continued**

Marker use

a) What is the most common leading cause of death for individuals aged 45-84?  
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b) Which age group(s) in Australia rank suicide as one of the leading causes of death? Identify the specific age group(s) and provide supporting data.  
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c) In the 1–14 age group, what are the top **three (3)** causes of death, and how do they differ from the Under 1 age group?  
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d) How does the ranking of COVID-19 as a cause of death change across the older age groups (65–74, 75–84, 85–94, and 95+)? Identify the ranks for each age group.  
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**Total**  
**Q6**  
**/10**

**Question 7 (10 minutes)**

Marker use

This question assesses **Criterion 2**.

a) Identify **two (2)** factors that can affect the health of Australians.

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b) What is **one (1)** way that the Australian Government makes sure health services are fair and accessible for everyone?

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c) What does 'Burden of Disease' mean? Give **one (1)** way it is measured.

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**Question 7 continues**

**Question 7 continued**

Marker use

d) Identify **two (2)** common risk factors associated with chronic conditions affecting Australians.

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e) Some groups of people in Australia have more health problems than others. Name **one (1)** of these groups and explain **one (1)** reason they have poorer health.

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**Total**  
**Q7**  
**/10**





# Part 2

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- Answer **one (1)** question in this part.
  - This part is worth 30 marks. The suggested working time for this part is **approximately 30 minutes**.
  - This part assesses **Criteria 2** and **7**.
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## Question 9

Select **one (1)** population group in Australia that experiences inequality in health status and address the following:

- Discuss the inequalities in health status of this group, using data as evidence.
- What are the main factors causing the inequality?
- What are **two (2)** government strategies that aim to improve the health of this group, and how do they work?
- How do these strategies reflect at least **one (1)** social justice principle?

**OR**

## Question 10

Australia's health care system ensures access to quality health services through a combination of public and private care, supported by government programs and funding.

- Describe the main components of Australia's current health care system?
- Explain how **one (1)** of these main components helps support people with a disability in Australia.
- How has new medical technology changed the way health care is provided in Australia? Provide **one (1)** example.
- What is **one (1)** alternative or complementary health care service available in Australia, and how is it used?













# Acknowledgements

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**Source:**

Australian Institute of Health and Welfare (AIHW) National Mortality Database; Table S3.2.

<https://www.aihw.gov.au>.

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# HEALTH STUDIES

HLT315118

## Section **C** Introduction to Health/Global Health

Pages: 16

Questions: 5

**Suggested working time:** 60 minutes

### Instructions:

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Marker use		
Q11	C8	/ 10
Q12	C3	/ 10
Q13	C4	/ 10
Q14 or Q15	C3	/ 30
Q14 or Q15	C7	/ Alpha

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# Guide to Exam Structure

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	Parts	Questions available	Questions to answer	Suggested working time	Marks available
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	Part 2	2	1	30 minutes	30 marks and A+ to z rating
Section <b>B</b>	Part 1	3	3	30 minutes	30 marks
	Part 2	2	1	30 minutes	30 marks and A+ to z rating
Section <b>C</b>	Part 1	3	3	30 minutes	30 marks
	Part 2	2	1	30 minutes	30 marks and A+ to z rating
<b>Totals</b>		<b>15</b>	<b>12</b>	<b>180 minutes (3 hours)</b>	<b>180 marks and A+ to z rating</b>

## Criteria

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You **must** make sure your answers address:

- Criterion 3 analyse and compare global health status across populations
- Criterion 4 investigate specific health issues, including options for preventive, curative and treatment strategies
- Criterion 7 communicate ideas and information in a variety of forms (only assessed in extended response)
- Criterion 8 analyse and interpret health related data and information.

# Part 1

- Answer **all** questions in this part.
- This section is worth 30 marks. The suggested working time for this section is **approximately 30 minutes**.

## Question 11 (10 minutes)

This question assesses **Criterion 8**.

Using the information provided in Figure 3, answer the following questions **using figures from the data in ALL answers**.

### By 2100, five of the world's 10 largest countries are projected to be in Africa

*Countries with largest population, in millions*



Note: Countries are based on current borders. In this data source, China does not include Hong Kong, Macau or Taiwan. Regions follow United Nations definitions and may differ from other Pew Research Center reports.

Source: United Nations Department of Economic and Social Affairs, Population Division, "World Population Prospects 2019."

*Figure 3: A table showing the rankings of the most populous countries over time.*

**Question 11 continues**

**Question 11 continued**

Marker use

a) What does Figure 3 represent?

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b) Which country has the greatest projected increase in population from 1950 to 2100? Provide data.

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c) Which African country is projected to have the largest population in 2100, and what is the figure?

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d) Identify **two (2)** trends that are evident in Figure 3. Use data to support your answer.

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e) By 2100, which African countries are projected to be included in the top 10? What is the sum total of these populations?

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**Total**  
**Q11**  
**/10**

**Question 12 (10 minutes)**

Marker use

This question assesses **Criterion 3**.

a) Name **two (2)** types of foreign aid and **one (1)** potential negative impact of each.

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b) Identify **one (1)** political factor and how it can affect the health of people living in Least Developed Countries (LDCs).

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**Question 12 continues**







# Part 2

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- Answer **one (1)** question in this part.
  - This part is worth 30 marks. The suggested working time for this part is **approximately 30 minutes**.
  - This part assesses **Criteria 3** and **7**.
- 

## Question 14

Women in Least Developed Countries (LDCs) play a vital and often overlooked role in their communities.

- Explain how women in LDCs contribute to the social and economic development of their communities. Include their role in supporting key components of primary health care (PHC).
- Identify and explain **two (2)** key challenges that limit their ability to fully participate in society.
- Give **two (2)** examples of how organisations have helped improve the lives of women in LDCs.

**OR**

## Question 15

Goals 1 to 6 of the Sustainable Development Goals (SDGs) aim to solve some of the biggest problems faced by people living in Least Developed Countries (LDCs). Choose **two (2)** of these six goals and explore how these are being addressed in an LDC you have studied this year.

- What are the goals you have chosen, and what are they aiming to achieve?
- How can achieving these goals help improve the lives of people in LDCs?
- What actions have been taken in your chosen country to support these goals?
- How successful have these actions been so far? Provide examples or data where possible.









# Acknowledgements

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**Source:**

Pew Research Centre, For World Population Day, a look at the countries with the biggest projected gains – and losses – by 2100. <https://www.pewresearch.org/short-reads/2019/07/10/for-world-population-day-a-look-at-the-countries-with-the-biggest-projected-gains-and-losses-by-2100/>.

End of Section C



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